



Broadmead

VOICE OF THE RESIDENTS

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HALLOWELL STAFF - VOLUNTEERS PLAN FUTURE

ANNE LAIDLAW EMPHASIZES STAFFING PLANS VOLUNTEERS EXPAND NUMBERS AND SERVICES

Anne Laidlaw told an absorbed audience that she came to Broadmead because she looked upon it as having the potential for being a model for Lifetime Care centers in the U. S., with its multi-disciplinary approach and all levels and types of programs.

At a general meeting of Health Care Volunteers, guests, and interested Residents, in the Auditorium, on Wednesday, September 22, Anne Laidlaw, Broadmead's new Director of Nursing, told of her plans and goals for Hallowell Hall, and Martha Gross, Chairman of Volunteers, reviewed Volunteer Health Care Services.

Millie Gerst, Health Care Manager, who introduced Anne, described her academic background and experience (see Oct. Voice) which included a recent fellowship to study community services to the elderly in England, Sweden, and Canada.

In her talk, Anne identified three areas of the Hallowell program which she plans to study and reorganize. Her major emphasis is on staffing and in-service training, and on evaluation of the new procedures for maintaining inventory on all medical supplies and equipment.

STAFFING

Anne explained that effective staffing is not just a matter of numbers; it requires a creative mix of talent, qualifications, and job responsibilities at the right place and the right time. Currently, with the help and support of administration, she is studying job

descriptions, the time it takes to accomplish specific tasks, and the inter-relationships between people and departments. All positions are being evaluated and changes have already been made in three of them. The number of staff members on the night shift will remain the same, but there will be two licensed personnel on duty at night in case of simultaneous emergencies on Hallowell and in the Clusters.

IN-SERVICE TRAINING PROGRAM

In-Service training encompasses licensed personnel (R.N.s and L.P.N.s) and all aides working on Hallowell. For licensed personnel, formal and informal training on a one-to-one basis has already begun. Subjects covered will include procedures, such as giving electrocardiograms, administering intravenous therapy, interpreting heart and lung sounds; measures related to infections, fires, and accidents; recognizing physical and psychological changes in the elderly; review of the Patients' Bill of Rights; and more.

Training for all aides working on Hallowell will include a Geriatric Aide training program as mandated by the State. Anne expects to complete an evaluation of each aide and secure State

(Cont. on next page)

It has been said that medical care is the most important service in a lifetime care center and that food service runs a strong second. In this issue, The Voice pays tribute to this dictum.

--Editor

ANNE LAIDLAW EMPHASIZES STAFFING PLANS
VOLUNTEERS EXPAND NUMBERS AND SERVICES

(Continued from page 1)

approval of the course outline and content to begin this training program about Dec. 1, 1982.

Anne plans to make her personal medical library available to the nursing staff and she will look into the feasibility of establishing a tie-in with the Johns Hopkins Welch Library and the library of the National Institute of Aging. She hopes to have Broadmead become a resource regarding Lifetime Care communities.

OTHER AREAS UNDER STUDY

Anne is gathering data and analyzing emergency cluster calls received evenings and week-ends to determine their volume. She is examining all significant incidents that occur to evaluate needs, all of which will be used in planning services.

She urges Residents, friends, and families to make written reports to her of problems encountered. They will be categorized, analyzed, and a plan of corrective action taken.

In the future Anne would like to see more students involved in Broadmead's nursing, occupational therapy, and physical therapy programs. Ongoing in-service training will include a course in gerontological nursing so that nurses can be certified in this specialty.

Anne stressed that planning for the future, as in the past, must be by, with, and for the community. She emphasized, in closing, that the volunteers are a large part of "what makes the difference at Broadmead."

VOLUNTEERS

Martha Gross, Chairman of Volunteers, summarized the services provided by 115 Health Care Volunteers and presented the Coordinators of each service, as well as

her Vice Chairman, Ruth Plant. The Coordinators for the coming year are:

Lois Hart-- Book Cart
Marjorie Mac/achlan--Escort Service
Margaret Otis--Friendly Visiting,
Hallowell
Margaret Cromwell--Friendly Visiting,
Taylor
Claire Walker--Hallowell Friends
Mildred Davis--Knitting
Robert Martin--Audio Visual
Rowe Hinsey--Ordering Films, Movies,
and Slides
Alice Powel and Sibyl Nary--Programs,
Taylor
Sibyl Nary and Eleanor Terry--Special
Sewing, Hallowell
Dorothy Craig--Shopping and Special
Services
Adda Gilbert--Taylor Desk
Naamah Browning--Water Pitchers, Visiting
Hallowell
Dorothy Jones--Wheelchair Transportation

Claire Walker, Coordinator of Hallowell Friends, explained that, in the new service volunteers visit newly arrived patients to welcome them, to answer questions, and offer volunteer help. Margaret Otis, Coordinator of Friendly Visiting, Hallowell, emphasized that in making visiting assignments she found it important to confer with the volunteers and the staff in order to achieve the most meaningful visits.

Lois Ritter, Director of Volunteers, in closing the meeting, reviewed the history of the volunteer program at Broadmead, and expressed the appreciation of the staff and administration for all the dedicated service.

--Martha Gross

(For more about Hallowell see Fireside Cha

BARN SALE'S FINAL DRIVE

SALE ITEMS ARE URGENTLY NEEDED

Pardon us for sounding personal, but your shed may hold a barn sale treasure. And we hear rumors that closet shelves hold long forgotten boxes. It's time to forage - to seek - to search.

Time is of the essence.

Food Service Committee Plans Busy Year

IDENTS REPRESENTED IN ALL FOOD AREAS b. RESTRUCTURED FOOD SERVICE COMMITTEE

The selection, preparation, and serving of food continues to be of prime interest to Residents. It was for this reason that the food service committee of the Residents Association originally was organized. Members continue to meet with Gil Van Houten, food service manager, and his staff, in a mutual effort to maintain the high standards that have been achieved and to strengthen services where needed.

Charter members of Broadmead may recall that the October 1980 issue of The Voice described food service operations in detail. Although there have been changes in the department's personnel, the basic principles of operation remain the same: economical purchase of high quality foods; use of fresh and seasonal foods when possible; a wide variety of menu choices; cooking from scratch in conventional ways (no micro-wave short of emergency); careful attention to special diet needs; and training sessions for food service personnel.

Residents were fortunate to have Al Mathias, who operated a similar food service, and Nita Hawkins, who is a registered dietitian, serve as chairmen of the committee in its formative years.

In her year-end report to the president of the Residents Association, Nita outlined the work of her committee during '81-'82 which saw emphasis placed upon food buying, food preparation, dish-washing, maintenance of equipment and supervision of staff. Residents were encouraged to submit recipes for entrees

which they would like to have included in the menu cycles. Fourteen have already been incorporated into the menu planning.

As of July 1, 1982, the committee chairmanship was assumed by Winifred Kinn with Elizabeth Gilpin as co-chairman. Some restructuring of the committee has occurred which will enable members to concentrate in specific areas of service.

Mildred Beck, with the help of Alice Tobler, Bob Mason, Florence Horney and Beulah Tatum, will concentrate on the nutritional aspects of food service. They will be concerned with the selection of healthful foods, how they are prepared to ensure the maintenance of nutritional value, what foods are most beneficial in compensating for the natural aging process, and what provision is being made for those individuals who have special diet needs.

Helen Thompson, with the assistance of Louise Braff, Anna Ruckdeschel and Frances Dunning, will be giving attention to all aspects of entertaining at Holly House, including decor, menus, linens, equipment, and costs. They will be augmented by other Residents who have been active in developing Holly House as an aesthetically pleasing and enjoyable place to entertain.

Winifred Kinn will give attention to the quality of food and service in the coffee shop and at the Wednesday buffets.

Nita Hawkins and Kathaleen Kennedy will concern themselves with the quality of service in the dining room and the "eye-appeal" of the food served.

Al Mathias and Elizabeth Gilpin will work with the staff in the areas of efficiency in the operation of the food service department and quality of service.

Vivian Cord will be concerned with food service on Hallowell Hall. In addition, she will report from time to time about matters of general interest to all Residents regarding food service

King David and King Solomon
Led merry, merry lives
With many, many lady friends
And many, many wives;
But when old age crept over them-
With many, many qualms,
King Solomon wrote the Proverbs
And King David wrote the Psalms.

--Unknown

Courtesy Laverne Forbush

(Cont. on next page)

RESIDENTS REPRESENTED IN ALL FOOD AREAS
BY RESTRUCTURED FOOD SERVICE COMMITTEE

(Continued from page 3)

through articles in the Voice.

Rowe Hinsey will be responsible for in-put concerning food preparation and supervision in the kitchen.

Any Resident who has concerns or questions about any of the above named sub-areas of food service is invited to communicate with appropriate committee members. It should be kept in mind, also, that direct communication with appropriate staff members is always welcome.

The committee wishes to reaffirm its appreciation to Gil and his staff for their dedicated efforts to please us and keep us healthy through serving attractive, nutritious meals.

--Vivian Cord

BACKSTAGE AT THE BARN SALE

They go in clean and they come out dirty.
They unpack and they repack;
They push and they pull;
They sort; they carry; they price--
They are the backbone of the backstage crew.

They are:	D.Bisonet	E.Gilpin
	G.Black	M.Hall
	N.Browning	K.Kennedy
	R.Cody	M.Maclachlan
	V.Cord	H.M.Overstreet
	M.Davis	R.Petersen
	E.Downs	B.Richardson
	M.Dunn	A.Silberstein
	M.Easter	A.Stein
	A.Fisher	M.Tylor
	R.Gerbis	E.White
		W.Kinn, chairman

Additional helpers will be needed for "fun and festivities" on the big days-- to set-up, to sell, and to clear away. Will you join us? Watch the bulletin board for a sign-up sheet. WE NEED YOU.

FASHION SHOW - WED., NOV. 3

Music for Fairy Tales

It all ended too soon--those four delightful, one-hour sessions taught by Sister Theresine to forty Broadmead residents. The course, "Music for Fairy Tales," included much more than listening to recordings. We learned the backgrounds of the composers and how they were able to depict the stories through music--how the pentatonic scale provided the proper mood one time and, in another instance, the desired effect was gained by using the whole tone scale.

The true essence and value of the course was in learning about the effect fairy tales can have on individuals. Sister Theresine explained how they can be useful in psychiatry, psychology, and healing. Fairy tales can illuminate what baffles us most--why life makes inexorable demands on us. They express in words and actions the things that go on in people's minds.

To quote the poet Schiller: "Deeper meaning resides in the fairy tales told me in my childhood than the truth that is taught by life."

--Eleanor Matthews

CERAMIC CLASS PLANNED FOR NOVEMBER

Sandy Krome, activities assistant, Hallowell, plans an up-coming ceramics class.

Beginning in mid-November, a class will be forming to learn the art of handbuilt ceramics, using clay. Instruction will include techniques of coil and slab building, glazing pieces, and firing. There will be a fee for materials and instruction. The class will be held one day a week, either Tuesday or Friday afternoon, to be determined.

The instructor, Charlene Bausch Moscott, is a graduate artist from the Maryland Institute of Art with background in mixed media. She currently has a one-person exhibit at the Unicorn Studio in Fells Point.

If interested, contact Sandy Krome or Penny Pentz, Activities, by a note in their box. Or sign up on the bulletin board near the reception desk.

NUTRITION INFORMATION TO BE MADE
AVAILABLE REGULARLY AT DINING TABLES

A unique and informative project will be implemented soon by a sub-committee appointed by Dr. Alice Tobler, chairman of the Health Services Committee of the Residents' Association.

The sub-committee on nutrition, headed by Dr. Robert Mason, wants to enable Residents to know enough about salt, additives, and hidden substances in food, to be able to evaluate their food intake.

The necessary information will be presented on cards placed on the tables in all dining areas. The cards, their color, and the information thereon will be changed weekly.

Bob pointed out that many published articles, concocted by food faddists, appear in the lay press extolling the advantages of particular substances, which have no basis in fact and have not been authenticated by scientific evaluation. Popular articles often are misleading.

Information given on the cards by the nutrition sub-committee will be quoted, primarily, from data published by the Food and Drug Administration and the U.S. Department of Agriculture. Any other sources used will be those published by recognized nutritionists.

For the convenience of Residents in using the information on the cards, the nutrition committee gave the following data to the Voice:

IN ORDER TO MEASURE THE AMOUNT OF MINERALS
AND ADDITIVES IN FOODS, REMEMBER THESE
FACTS:

- 1 POUND - 16 OUNCES (Oz)
 - 1 OUNCE - 28.4 GRAMS (Gr)
 - 3.52 " - 100 GRAMS
 - 1 GRAM - 1000 MILIGRAMS (mg)
- Usual measure of minerals expressed in
MILIGRAM
- | | | | |
|-------------------|---|----------|-----------|
| 1/8 TEASPOON SALT | - | 265 mg. | OF SODIUM |
| 1/4 " " | - | 538 " " | " " |
| 1/2 " " | - | 1065 " " | " " |
| 1 " " | - | 2130 " " | " " |

The nutrition committee members are Dr. Bob Mason, chairman; Florence Horney; Ernestine McCollum, consultant; Peg Stevenson; Claire Walker; Dr. Alice Tobler, ex officio.

BROADMEAD'S NEAR NEIGHBORS

North Park, our neighbor to the south, is a "first." The president of the Berkshire Corporation, the developer, described the project as the "first true office park in the region."

The first building, The Gatehouse, is scheduled for completion in November. The Berkshire Corporation will move its headquarters there.

A second building, Park Center, will be a four-story office building with an atrium rising 3 stories, terraced balconies and interior landscaping. There will be a restaurant in the building serving breakfast and lunch. Construction of Park Center will begin in November.

Complete development of the seven contemplated buildings of North Park will be over a five-year period. It is planned to preserve and enhance the woodland area along Western Run, so the entire complex will be parklike.

The North Park location has been an important commercial crossroads since the 19th century, situated as it is at the juncture of York Turnpike and Western Run Turnpike (now Shawan Road). York Turnpike connected Baltimore to Central Pennsylvania, and the Western Run Turnpike carried trade from Chesapeake Bay inland.

Source: The Jeffersonian, Sept.30,1982

KEITH MARTIN: REPEAT PERFORMANCE

To an artist few honors are more significant than being invited to mount an exhibition repeatedly, following a first very successful showing. Such an invitation has come from the Grimaldi Art Gallery, for the fourth time, to Broadmead's Keith Martin, who has already won many honors in the art world. The new exhibition opens Dec. 2 and will run through Dec. 30. Similar to the last exhibit Broadmeaders are especially invited by Grimaldi to the reception for the artist on the opening night at the gallery, 928 N. Charles St. The reception will be from 5 to 7.

The Subject Was Dumplings

Beyond the Ring Road, you will see some individual gardens. To look at the variety of kitchen foods and flowers, which some Residents have had the fun of caring for, is enjoyment enough. But there are added pleasures in making a garden: seeing a woodchuck; a small darting rabbit; or a quiet lovely spotted fawn; and then there is the fun of comparing notes with the other gardeners.

One day the subject was dumplings. Herb Schneider reminisced, "We were guests at the home of a friend whose mother was an expert at making dumplings to accompany a sour beef dinner. When she was approached for a recipe, we could see that she preferred to keep it a secret, but she did explain that she started with a crouton and built her dumpling around it!"

Franc Beck talked about dumplings with Mildred who produced her mother's Hungarian recipe, which we are eager to try some cold day next winter. You can, too. It is a concise recipe with a number of tricks to be sure the novice will have success (call the writer for details).

Bob Bouchelle shared his memories of his grandmother's dumplings. "With a boiled dinner, we had cornmeal dumplings, shaped like a potato cake. They were boiled, so they looked raw, and yet when you cut into them they were nicely done.

"The ones we were very fond of were drop dumplings, served with vegetable soup, boiled beef, and marrow bone, along with plenty of bread and butter. This was the main dish."

Karl Levy's recollections were like Bob's. His boyhood was spent in the same part of Baltimore. They went sledding on the same Wyman Park hill and watched the same trains on 25th Street. However, his memories of dumplings begin with Agnes, who has given us her mother's directions: "With sour beef, potato dumplings were always served. These consisted of mashed potatoes, eggs, and a little flour. A sauteed crouton was placed in the center of each dumpling.

(There is that crouton again.) These were dropped in boiling, salted water and boiled gently for ten minutes. It was a real knack to keep them from disintegrating in the boiling water, but fortunately, most of ours remained intact."

The fun of gardening and the joy of reminiscence begot the subject of dumplings.

--M.T.B.

NATURE NOTES

Bird seed: 1000 lbs. were delivered to 28 apts. Next group order in January. For interim individual orders see bulletin board.

Bluebirds: 16 young fledged from the two nest boxes. One box had two broods, the other three. Some bluebirds still around; one sang at dawn on October 6.

Signs of autumn: geese honking in migration; orange and black Monarch butterflies visiting us en route to Mexico; mock ingbirds claiming feeding territories with songs quite different from their courting and nesting territory songs of spring; black and turkey vultures returning to their roost.

--Nancy Rowe

BRAF REPORT

Leopold Bridge, BRAF chairman, reports: "In response to inquiries about what is happening to the funds so far collected for the Broadmead Residents Assistance Fund, at the present time the money is invested in a Certificate of Deposit with Mercantile Bank and Trust at 13.75 per cent interest together with money from similar funds. Sal Molite states that as funds are received they are accumulated in a Standard savings account until sufficient for another Certificate, Treasury Bill, or similar non-speculative investment. Speculative investments will not be used.

"REMEMBER: When you contribute to BRAF, make out your check to BROADMEAD, but indicate on it that it is intended for BRAF. Sal keeps a separate record of money designated as memorials for specific persons."

Fireside Chat

Rich Compton held the Oct. 11 Fireside Chat, in Martin Trueblood's absence, with Millie Gerst and Anne Laidlaw to discuss medical questions. The meeting saw a free flow of questions from Residents and informed responses from the administrative staff.

Anne, in response to questions about Hallowell Hall practices, gave the information that follows.

Patient care and bathing are the top priorities in the a.m. Bathing, dressing, and taking patients to lunch require most of the staff time. Making beds may be delayed until the important morning care is completed.

Some of the rules in effect in regard to leaving patients alone: Call lights must be answered within five to ten minutes. The maximum time a patient is left on a bed-pan is fifteen minutes. Patients may never be left in the bathtub alone. A Resident, in an emergency, can call the charge nurse through the switchboard, but Anne asked that she be called immediately if at any time a Hallowell wing is uncovered. She also asked that Residents who observe a break-down in other practices advise her of details in writing.

The assignment of rooms on Hallowell is based, primarily, on the need for isolation and the other medical needs of the patient, which are met to the greatest extent possible. Other factors considered are the degree of ambulation and the habits of the patient (for example, sleeping patterns).

In the two-bed rooms, the "A" beds, near the doors, do not get enough daylight from the windows. Administration is looking into the possibility of adding lighting over the "A" beds.

In connection with the room discussion, it was announced that the Health Services Committees of the Board of Trustees and of the Residents' Association are looking into various ways to provide more private rooms.

Millie brought to Residents' attention the necessity to make all appointments with outside physicians (when referred by our medical staff) through "P.G.", outpatient secretary. This applies to the first and all subsequent visits. Reason: Broadmead pays medical bills only when the Resident is referred by our outpatient department.

Millie further explained that it is necessary for Health Services to verify both the correct billing from providers and full payment to Broadmead from insurers. For this reason everything received by Residents from any medical insurer should be given to the medical services billing clerk for review.

Rich announced that Meg Muth, dietitian, has joined the food service staff, working one day each week. Her immediate plans include making new five-week menu cycles, some menu changes, meeting with Residents in groups regarding nutrition, or one-to-one meetings regarding medical diets.

Meg will interrupt her work for a pregnancy leave, but one of her associates in a group of dietitians will substitute until she returns.

Rich made three announcements that require feed-back from Residents:

Four chairs at one table in the dining room have been fitted with casters on the front legs. Observations of their effectiveness, by Residents who use them, will be needed in order to decide whether to fit all of the chairs with casters.

Likewise the new walkway mat in the main entrance to the Center building needs evaluation by users before administration selects carpets for the other two entry ways.

To avoid accidents, Rich announced that staff has asked that Residents walking on the perimeter road (a.m. or p.m.) wear reflector arm band or other patch on clothing or carry a flashlight, and always walk against the traffic.

The Voice will assume responsibility for reporting regularly the highlights of the Fireside Chats.

MEN AND PHILOSOPHY OF ENLIGHTENMENT TOPIC
OF WALKER AND BALDWIN AT DISCUSSION GROUP

These two veterans of Discussion Group programs made two more brilliant contributions recently when Kenneth G. Walker spoke on "The Philosophy of the Enlightenment", and Charles (Chuck) Baldwin threw light on "Mr. Jefferson (himself a child of the Enlightenment)".

Both discussions, followed by questions from the audience, were part of the introduction for an extended study of the kind of government to be expected in the 21st century. The overall theme of the rest of the year is "How Should We Govern Ourselves in the 21st Century?" Dr. Walker spoke on Sept. 28; Ambassador Baldwin on Oct. 12.

The best advice from a reporter to those interested in knowing the details of the discussions is to go to the Listening Corner in the Office of the Resident's Ass'n. There, under a green cover, are the tapes and the recording machine which will allow the listener to hear each lecture-discussion in full. There are full directions in the listening corner.

Chuck Baldwin continued the historic marvel of the man who was expert in so many fields and who has made such an impact on every freedom-seeking people. More important, whatever the United States is, at its best, is largely due to Jefferson's capacity to give fire and wings to the ideas and words of life, liberty and the pursuit of happiness.

The Enlightenment--as a philosophy and as people--was more than just Mr. Jefferson or any one man, the Discussion listeners agreed. It was a movement, a spirit, a tremendous body of thinking and expression which united the intellectuals of Europe and England during the 18th century--at a time when cosmopolitanism, rather than nationalism, was the emphasis. American intellectuals and the Founding Fathers were not far behind.

This story is free of quotation marks because it is reaction rather than semi-stenographic reporting.

The next session of the Discussion

HIGH TEA

It is High Tea time again. On Sunday, November 7, from 4:30 to 6:30 p.m., the first High Tea of the season will be held in the Lounge. Chairman Hazel Fleming has planned a sumptuous menu. Those who have attended these teas in the past know what delightful social events they are, spiced with mounds of good food.

This year the price of the Tea has been reduced to \$2.50 per person.

TRUSTEES' PARTY FOR HALLOWELL

Thursday afternoon, September 23, was Trustees Day at Holly House. The Trustees invited all the permanent and per diem residents of Hallowell Hall, together with their spouses or companions, to a party that afternoon, which had been planned, prepared, and served by members of the Board. Nineteen residents from Hallowell were able to attend, with husbands as well as volunteers acting as wheel chair escorts.

The first floor of Holly House was attractively decorated with flowers arranged by Mrs. Rose Rumford. Board members had prepared a beautiful selection of food; there was something for everyone, even for those on special diets.

Those who were unable to attend were not forgotten, for some of the Trustees took the party to them.

Trustees and Hallowell residents had a unique opportunity to get to know each other in a homelike setting, and Hallowell residents were given a pleasant change of scenery. Everyone had a wonderful time.

Group, on Oct. 26, will be devoted to Jacksonian Democracy." The speaker will be Prof. Gary Browne, University of Maryland Baltimore County. He is also editor of "Maryland History," the journal of the Maryland Historical Society.

--G.J.F.

Abraham Lincoln signed the first diplomas of this college, and the President of the United States today follows this tradition. The one-hundred-year-old, federally supported Gallaudet College for the Deaf, in Washington, D.C., is the only one of its kind in the world.

With this information, Dr. Edward C. Merrill, Jr., Gallaudet's President, introduced himself and Dr. David Tweedie, Dean of the School of Communication, to a gathering of Broadmead Residents on October 13.

The problem of early, profound deafness is not just the deafness itself; it is, more importantly, the absence of opportunity to learn, according to Dr. Merrill. With a degree from Gallaudet, a graduate earns on an average of over \$300,000 in his working career--on which he pays taxes. The alternative is lack of education, few job opportunities, limited social adjustment.

Dr. Tweedie is an audiologist who is mostly concerned with problems of communication, sign language, lip or speed reading, dramatics, etc. He has made many studies on the incidence of hearing impairment and learned that 85 percent of people over forty-five have significant hearing losses. Among the residents of nursing homes and facilities for elderly people the hearing loss is up to 80 percent. Broadmead residents who are in this group are in the majority, but may hesitate to make their needs known.

Dr. Tweedie stressed that admitting to a hearing impairment is the first important step in coping with losses. He suggested two simple tests to be self-administered. Rub two fingers together next to right ear, then to left ear very close but not touching. If you can't hear the high frequency sound, or hear the ticking of a watch when held to each ear, you should see a physician.

Once you get a hearing aid, several sessions are necessary to learn to use it. This almost guarantees you'll never put your hearing aid away in a drawer.

Dr. Tweedie suggested a number of ways to cope with communication deficiencies. Among the most important:

- ..Admit that you have a hearing loss.
- ..In a group, concentrate on the one person you can hear most easily.
- ..Ask a visitor to stand or sit on your "good side."
- ..Speak slowly and clearly to others and ask them to do the same for you. Don't hesitate to ask for a repetition.
- ..In large rooms, sit near walls or windows, so sound can bounce directly to you.
- ..If you join a group already involved in conversation, ask someone to clue you in to subject discussed.

Dr. Tweedie closed this informative, useful talk pointing out that many closed caption T.V. programs may be discontinued (due to cuts in funding). Those on P.B.S. are especially worth fighting for. He suggested that we write our legislators to promote these programs.

--Ruth Ring

HALLOWELL COLOR SPECTRUM

Do you know the color code on Hallowell? Nurses wear white lab coats. Nursing assistants wear light blue lab coats. The activities staff wear aqua smocks, clerical workers navy blue smocks, and volunteers salmon smocks.

IT DOESN'T FIT

One of the pleasant bits of small-talk at Broadmead is about the "fillers" that appear in The Voice. They are short, irrelevant pieces placed in oddly assorted spaces.

Making up the pages of a publication is, in fact, a bit like a jig-saw puzzle, save that the pieces are larger and nearly all are rectangular, and nearly always, when fitted together, they leave empty spaces. Hence, the term "filler", for an available bit of writing, the exact size of an empty space.

LETTERS

Dear Friends at Broadmead,

I hope to reach all of you through this letter in the Voice--medical, nursing, volunteers, Residents,--too many to mention individually, but I appreciate, more than I can say, your kindness and steadfast attentiveness to my wife during her long illness, up to the time of her death.

The warmth and consideration shown to her and to me throughout and the many notes and cards from Residents seem to be a special Broadmead blessing. My deepest thanks.

--John C. Stokes

Dear Friends:

As waiting-list members, Laurel Scull and I have received every issue of the Voice. As some-day residents we have come to feel already at home.

But also as Presiding Clerk of Baltimore Yearly Meeting of Friends I have been pleased at the spirit of Broadmead the Voice conveys, which I like to think of as practical Quaker action at its best. It comes through as low-key but positive, realistic but up-beat, Quakerly but not exclusive, down-to-earth but caring.

Obviously much credit goes to Broadmead's management and those with formal responsibilities, but surely a good deal is due to the spirit of the residents themselves. In turn one needs to realize - and I am sure you do - how much the encouragement and interpretation of such a spirit is helped by the first-class selecting, reporting, and writing which shows in the Voice.

So let us add our words of commendation to Jim Fleming as he turns over his editorial responsibilities.

Sincerely,

David Scull

Annandale, Va.

Dear Voice,

When I first saw the banner-headline front page of the October Voice of the Residents, I could not restrain my shouting "My God"--not sacrilegiously but in shock and in being flabbergasted. I knew about the poem, "Song of Thanksgiving" (its author, Rowe Hinsey, had sent me the original), but I did not dream of the warm-hearted, also flattering, profile by Ken and Claire Walker; and how could I have foreseen the new editor's piece about the "Ubiquitous Editor"?

For all of these gestures towards the Voice under its founding editor (and equally warm messages from individual Residents and "futures"), I am deeply appreciative--far beyond any words. From now on, however, I hope all eyes and support will be turned towards the new editor and her staff, who already deserve our salute for being so much "on target" with Volume IV, No. 1.

--Jim Fleming

Dear Voice,

The Cluster Care Staff would like to extend their sincere thanks to Mr. and Mrs. Albert Rossman, A9, who thoughtfully purchased a new bicycle for Cluster Care and to Mrs. Thelma Baker, C2, and Mrs. Elizabeth Youngs, Ph, who joined together to provide a second bicycle. The two allow faster travel on our Cluster visits. Many thanks again.

--Maryann Yentzer, R.N.C.
Cluster Care Coordinator

EDITOR TAKES NOTE

The development of newspapers in the seventeenth century was eyed by conservative people with great suspicion: "It is a great error in a state to have all affairs put into gazettes, for it overheats the people's brains and makes them neglect their private affairs by over-busying themselves with state business."

From Ben Jonson of Westminster
by Marchette Chute

...Coming Events and Programs, Ltd....

MOVIES

Tuesdays 7:15 p. m.

Place: Auditorium

NOV. 2 -- Modern Times (89 min.) 1936,
starring Charlie Chaplin and Paulette
Goddard. One of the supreme Chaplin
Classics. Don't miss it!

NOV. 9 -- Homage to Verdi (52 min.)
color. Sherrill Milnes, leading baritone
of the Metropolitan Opera, makes a pil-
grimage to Verdi's birthplace and home.
Produced by RCA Records. This is a return
engagement by popular request. A great
musical treat.

NOV. 16 -- The Hound That Thought He
Was a Raccoon (48 min.) color. Another
Walt Disney production of animal magic.
The Auditorium should be packed for this
one!

NOV. 23 -- The Louvre (45 min.) color.
Charles Boyer (remember him?) takes us on
a tour of this French treasure.

NOV. 30 -- The Amish - A People of
Preservation (52 min.) color. A great
opportunity to learn about our neighbors
around Lancaster, Pa.

HALLOWELL HALL MOVIES

Tuesdays 3 p. m.

Place: West Lounge

Same schedule as above except for
NOV. 2 -- Chartres Cathedral (30 min.)

The Halten Garden Club, which has a number of members in the Sparks-Cockeysville area, including Resident Marjorie Brannon, will hold a flower show critique in the auditorium on Wednesday, November 17, beginning at 12:45. All are invited to attend.

PROGRAMS

In the auditorium unless otherwise noted:

(Because of the large number of Broadmeaders attending Wednesday matinees at the Mechanic this year - 53 at the first one - some of the dates for Broadmead programs have been changed.)

Wednesday, NOV. 3 - 1:30 - Broad-
mead's Own Fashion Show (postponed from
Oct. 27)

Sunday, NOV. 7 - 4:30 - High Tea in
lounge.

Wednesday, NOV. 10 - 1:30 - "English
Gardens" - slide show with two screens, by
Kitty Finney Baetjer.

Monday, NOV. 22 - 7:30 in the lounge -
Saxophone Quartet

Friday, NOV. 26 - 4:15 in the lounge -
Concert by Nancy Ogle, soprano, accompanied
by Gerald Smith.

Saturday, NOV. 27 - 4:00 - "Reflections
on Youngstown's Steel Mill Closings," talk
by Staughton Lynd, son-in-law of Harry and
Mary Cushing Niles.

Sunday, NOV. 28 - 2:15 in the lounge -
Hymn Sing.

VOTE

General Elections: Nov. 2, Use your vote
power! Bus service free. Leaves from
lower level:

A. M. -- 9, 10, 11

P. M. -- 1, 2, 3, 4

Program Notes and Notices

Kitty Finney Baetjer, well-known Baltimore conservationist, will give a slide talk on "English Gardens" using two screens, on Wednesday afternoon, Nov. 10, at 1:30 in the auditorium. Photographing gardens is her hobby and she has visited many gardens throughout Europe.

Nancy Ogle, soprano, assistant professor of music at the University of Maine, will give a concert, accompanied by Gerald Smith, on Friday, Nov. 26, at 4:15 in the lounge. She has sung opera professionally in many parts of the United States and given concerts in Europe and Canada. She is Resident Dorothy Graham's niece.

Coping with Visual Impairments will be the subject of a Nov. 15th program, at 7:15 in the auditorium. Broadmead's Ann Bridge will discuss Ways to Overcome Daily Frustration. Two other experts in this field will share this program. See bulletin board for details.

Dot Graham writes:

Wanted: Broadmead magicians to share their tricks with us. I already have one but need more to make a whole program. Please let me know. Wouldn't it be fun?
R-17, 628-2169.

The new speaker in the auditorium is now in use, improving the clarity of sound for speakers and movies. The original system continues to be used for music in the auditorium and the lounge.

The Seminar Room is available to Residents every morning for reading and library reference work.

ARTS, CRAFTS AND HOBBY SHOW - JAN. 15

With the announcement of the date of the Hobby Show, Dr. Samuel Hoover, committee chairman, expressed the hope for wide participation. He told The Voice, "We are all amateurs but many Residents have needlepoint, weaving, quilting, photography, woodwork - and more - which makes this a good opportunity to enjoy each others' hobbies." He urges Residents to let him know about objects they will display.

UNIFORM BOOK FOR HYMN SINGS

Through the efforts of Resident Dr. Harry Bowling and his former colleague, Dr. Charles K. Wolfe, Broadmead's monthly Hymn Sings no longer have to struggle with the ecumenical assortment of hymn books used last year. The Union Church of Kenilworth, Ill., has donated 56 second-hand copies of the Inter-Church Hymnal. Members of our Music Committee mended the books that needed it in time for the first Hymn Sing on October 24.

BARN SALE HOURS

Thurs., Nov. 11, 11:30-5:00

Fri., Nov. 12, 8:00-1:00

CHANGE IN GROUND RULES

Purchasers on the first day will be limited to Residents and Broadmead employees only.

On the second day, Residents, employees, friends, relatives, and others in the community will be warmly welcomed.

WISTFUL THINKING

A guest adept at repartee
Is nice to have or be

--Irene Warsaw

H A P P Y T H A N K S G I V I N G

The second Broadmead Fashion Show gave residents an opportunity to show to other Broadmeaders garments which they had made.

Mary Waters, co-chairman, opened the show welcoming the large audience. She told about current trends and popular colors.

Margaret Bouchelle, the other co-chairman, followed to explain the show was produced to remind people that we have a well-equipped Sewing Room where it is fun to sew one's own clothes.

Nancy Grant was narrator, Iva Link played appropriate mood music, Ruth Bristol took care of stage safety, and Mary O'Neil, former sewing teacher, contributed some of her spectacular clothes for modeling. Dresses for all purposes and party occasions were modeled by Alma Stein, Karolyn Huffman, Mary Waters, Margaret Bouchelle, Elizabeth Muller, Mary Ellicott, Lee Baker, Eleanor Terry, Berenice Wainwright, Florence Horney, Eleanor Matthews, Mildred Davis, Margaret Pennell, Sue Adams, Kay Betts, and Marie Phillips. Bob Mason announced the winners of the silent auction on the dolls. Bob Bouchelle made numerous signs and gave much encouragement. --M.T.B.

HALLOWELL EXCURSION SEES FALL COLORS

On October 26 seven Hallowell Hall Residents took a bus trip, complete with box lunch, under the leadership of Penny Pentz and Sandy Krome of the Occupational Therapy department, to Stewartstown, Pa., to see the fall foliage and the pumpkins. They were accompanied by Resident George Cassel-Smith and Nursing Aide Carol Bilger.

The Residents were Gertrude Higgins, Kent Hinze, Gilbert Richardson, John Pocock, Isabelle Taylor, Walter Uebel, and Elsie Van Horn.

OUR APOLOGIES and CORRECTIONS

We sincerely regret that the name of Caroline Cochran, Board of Trustees, was spelled incorrectly in the Nov. Voice.

In Memoriam

BLANCHE F. HEWITT

February 3, 1890

November 12, 1982

BERTHA M. PERKINS

December 8, 1898

November 12, 1982

WILLIAM HOUSTON TOULSON, M.D.

July 14, 1887

November 15, 1982

VOICE OF THE RESIDENTS

Published by and for
The Residents Association of Broadmead
Kathaleen V. Kennedy, President

EDITORIAL

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Margaret Bouchelle, Assistant Editor

Dorothy Graham, Assistant Editor

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Non-Resident Art Volunteers

Mailing Address: Broadmead G-2
13801 York Rd., Cockeysville, Md. 21030

THE BROADMEAD

BLANCKE J. HENRY

November 12, 1983

BERTIN M. PERKINS

November 12, 1983

WILLIAM HONSTON TOLSON, M.D.

November 12, 1983

VOTE OF THE RESIDENTS
Presented by the
The Residents Association of Broadmead
Kathleen V. Kennedy, President

EDITORIAL

Press Release, Editor



Broadmead

13801 York Road
Cockeysville, Maryland 21030

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Evelyn Hansen
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Cy Kellner
Belmont University
Margaret Taylor

Mildred Tyson, Treasurer
Laura Pladell and Tony Bonita
Non-Resident Art Collection

Mailing Address: Broadmead 0-2
13801 York Rd., Cockeysville, Md. 21030

THE SECOND HONSTON FASHION SHOW
have residents an opportunity to show to
other Broadmead residents what they
and what.

Mary Waters, co-chairman, opened the
show welcoming the large audience. She
told about current events and popular
colors.

Margaret Bonnell, the other co-
chairman, followed to explain the show
was produced to remind people that we have
a well-stocked sewing room where it is
fun to sew one's own clothes.

Nancy Grant was narrator, live link
played appropriate good music, Ruth Bristol
took care of stage safety, and Mary O'Neill,
former sewing teacher, coordinated some of
her volunteer efforts for modeling.
Dresses for all purposes and party
occasions were modeled by Miss Stein,
Kathleen Hansen, Mary Waters, Margaret
Bonnell, Elizabeth Miller, Mary Kellner,
Lee Baker, Eleanor Taylor, Frances Wain,
wright, Florence Jarney, Eleanor Matthews,
Mildred Davis, Margaret Ennals, Sue Adams,
Mary Waters, and Marie Thillier. Bob Mason
announced the winners of the silent auction
on the dolls. Bob Bonnell made generous
signs and gave much encouragement. --M.T.B.

NATIONAL EXHIBITION SEEN FALL COLORS

On October 20 over 100,000 people with
residents took a bus trip, complete with
box lunch, under the leadership of Penny
Trent and Sandy Kline of the Occupational
therapy department to Stewartstown, Pa.
to see the fall foliage and the pumpkins.
They were accompanied by Resident George
Cassell-Smith and Nursing Aide Carol Hilder.

The residents were greeted by signs
that read: "Welcome to Stewartstown, Pa."
Kathleen Hansen, Gilbert Richardson, John
Baker, Isabelle Taylor, Walter Label, and
Elaine Van Horn.

OUR APOLOGIES AND CORRECTIONS

We sincerely regret that the name of
Caroline Coburn, head of Program, was
spelled incorrectly in the Nov. Vol.

BACK PAGE: IN THIS ISSUE NEEDED FOR MAILING LABELS